

**Steven K. Heiland D.C., P.C.**  
**General Information**

Name \_\_\_\_\_ Social Sec. # \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Age \_\_\_\_\_ Birth Date \_\_\_\_\_ How many Children? \_\_\_\_\_  
Email \_\_\_\_\_  
Employer \_\_\_\_\_ Occupation \_\_\_\_\_  
Business Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Business Phone \_\_\_\_\_ Business Email \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_  
Marital Status     Single     Married     Widowed     Separated     Divorced  
Sex                     Male     Female  
  
Primary Language \_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_

**Primary Insurance**

Relation to Insured:     Self     Husband     Wife     Child     Other  
Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Birth Date \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Sex:                     Male     Female  
Employer \_\_\_\_\_ Address \_\_\_\_\_  
Insurance Company \_\_\_\_\_  
Phone Number \_\_\_\_\_  
Insurance ID \_\_\_\_\_ Group # \_\_\_\_\_  
Secondary Insurance     Yes  No

**Reason for Visit**

Your reason for *this* visit: \_\_\_\_\_  
Please describe current pain and its location: \_\_\_\_\_  
Are your current symptoms a result of an auto or other accident?  Yes  No  
When did symptoms begin (date)? \_\_\_\_\_ Have you had a similar condition in the past?  Yes  No  
Is the pain getting:     Worse     Better     Same     Comes and goes  
How often do you have this pain? \_\_\_\_\_  
Have you been treated by any health care professional for this condition?  Yes  No  
If so, when and where? \_\_\_\_\_  
Activities that are difficult to perform:     Sitting     Walking     Bending     Lying down     Lifting  
Type of Pain:     Sharp     Dull     Throbbing     Aching     Burning     Tingling     Numbness  
Is the pain interfering with:     Work     Sleep     Daily Routine     Recreation  
Have you ever seen a Chiropractor?     Yes  No    If yes, When and where? \_\_\_\_\_

## Health History

Please list any medications (including over the counter) you are taking: \_\_\_\_\_

Do you have any allergies to medication?  Yes  No

If yes, please list allergies: \_\_\_\_\_

Please list any serious injuries, broken bones or surgeries you have had in the last 10 years:

Description	Date
_____	_____
_____	_____
_____	_____

Women: Are you pregnant?  Yes  No When is your due date \_\_\_\_\_ Nursing?  Yes  No

If X-rays are recommended, your signature is required (below) to indicate that you are not pregnant

## Medical Conditions

Have you ever had or do you currently have any of the following medical conditions?

- |  |                                    |  |   |
|--|------------------------------------|--|---|
| <input type="checkbox"/> Heart Attack/Stroke       | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Ringing in Ears         | <input type="checkbox"/> Ulcer/Colitis          |
| <input type="checkbox"/> Congenital Heart Defect   | <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Headaches               | <input type="checkbox"/> Gout                   |
| <input type="checkbox"/> Fainting/Seizure/Epilepsy | <input type="checkbox"/> Jaw Pain  | <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Numbness, Where? _____ |
| <input type="checkbox"/> Shingles                  | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Wrist/Shoulder/Arm Pain | <input type="checkbox"/> Tingling, Where? _____ |
| <input type="checkbox"/> Psychiatric Problems      | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Leg Pain                | <input type="checkbox"/> Muscle Spasms, _____   |
| <input type="checkbox"/> Hepatitis                 | <input type="checkbox"/> Glaucoma  | <input type="checkbox"/> Lower Back Problems     | <input type="checkbox"/> Where? _____           |
| <input type="checkbox"/> Anemia                    | <input type="checkbox"/> Earaches  | <input type="checkbox"/> Kidney Problems         |   |
| <input type="checkbox"/> Artificial Bones/Joints   | <input type="checkbox"/> Cancer    | <input type="checkbox"/> HIV Positive/AIDS       |   |
| <input type="checkbox"/> Digestive Issues          |                                    |  |   |

## Personal Habits

**Alcohol**  Yes  No How much? \_\_\_\_\_

**Exercise**  Yes  No How often? \_\_\_\_\_

**Sleep**  Normal  Interrupted Please explain \_\_\_\_\_

**Smoking Status**  Current  Former  Vape  Never Smoked

## Authorization

I have reviewed the information on this questionnaire and it is accurate to the best of my knowledge. I understand that this information will be used by Steven K. Heiland, D.C., P.C. To help determine appropriate and healthful chiropractic treatment. If there is any change in my health status, I will inform Steven K. Heiland, D.C. P.C. To the extent I fully assign my rights and benefits under my health plan to Steven K. Heiland, D.C. P.C. including but not limited to the right to receive payment directly, to participate in any and all coverage determination process with my plan, appeal denials or reductions in benefits or payment for such benefits up to and including pursuing litigation to enforce those rights and benefits on my behalf. I authorize the use of this signature on all insurance claims for reimbursement. To pay Steven K. Heiland, D.C., P.C. I understand that I am financially responsible for all charges whether or not paid by insurance. It is understood that any and all X-Rays taken will remain a permanent record of Steven K. Heiland, D.C., P.C.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Payment is due in full at time of treatment unless prior arrangements have been approved.**